

# WHAT TO DO IF YOU ARE INJURED AT WORK

## WORKERS COMPENSATION APPLICATION

- » Always lodge a workers' compensation application - even if your injury is minor.
- » If your employer tells you not to lodge an application, ignore their advice. Workers' compensation is a RIGHT.
- » You have only six (6) months from the date of your injury to lodge an application.
- » If you don't apply within six months you may not receive any compensation.
- » Completing an incident report form DOES NOT amount to lodging an application for workers' compensation.
- » Claiming you are unaware of your entitlements will not be an excuse if you miss the six month limit for lodging an application.

### Strictly enforced time limit

Seemingly minor injuries (i.e. back strain) often become more serious over time. The six month limit is strictly enforced and starts from the initial injury, NOT when the injury gets more serious.

If you lodge your application more than 20 days after your injury, you will only be compensated for lost income from when you lodge your claim, not from when you were injured.

Delaying the application could cost you money.

If your application is rejected, you have three months from receiving the written notice of rejection from WorkCover to lodge an appeal.

Workplace  
Injuries



If you miss the three month time limit, you can never receive workers compensation, and you cannot pursue a common law claim against your employer.

You should always see your own Doctor for treatment and advice on your injury, even if you've seen your employer's doctor. NEVER feel compelled to rely on advice or reports from your employer's doctor.

You should follow all reasonable requests made of you by WorkCover Queensland or the self insurer.

**Call toll free 1800 658 525**  
for your first free consultation

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